



ARMSTRONG COUNTY YMCA BUILDING SCHEDULE

POOL



January 29 to February 28

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6am - 9am Open Swim	6am - 9am Open Swim	6am - 9am Open Swim	6am - 9am Open Swim	6am - 9am Open Swim	8am - 9am Open Swim
9am - 10am Swim Lessons	9am - 10am Shallow Water Fitness	9am - 10am Swim Lessons	9am - 10am Shallow Water Fitness	9am - 10am Shallow Water Fitness	9am - 12pm Swim Lessons
10am - 12pm Closed	10am - 11am Open Swim	10:45am - 11:15am Preschool-Jan 13	10:45am - 11:15am Preschool-Jan 14	10am - 11am Life Skills	
12pm - 1pm Open Swim	11:00am - 12:00pm Lifesteps	11:15am - 1:15pm Open Swim	11:15am - 1:00pm Open Swim	11am - 1pm Open Swim	12:00pm - 3:30pm Open Swim
12pm - 1pm Open Swim	12pm - 1pm Open Swim	1:15pm - 2:15pm Silver Splash			
1:15pm - 2:15pm Silver Splash	1pm - 3pm Closed	2:15pm - 2:45pm Preschool-Jan 13	1pm - 3pm Closed	1pm - 3pm Closed	
2:45pm - 4:00pm HS Swim Team	3pm - 4pm Open Swim	2:45pm - 4:00pm HS Swim Team	3pm - 4pm Open Swim	3pm - 4pm HS Swim Team	
4:00pm - 5:30pm Swim Team	4:00pm - 5:30pm Swim Team	4:00pm - 5:30pm Swim Team	4:00pm - 5:30pm Swim Team	4:00pm - 6:30pm Swim Team	4pm - 6pm Available for Rentals
5:45pm - 7:00pm Swim Lessons	5:45pm - 7:00pm Swim Lessons	5:45pm - 7:00pm Swim Lessons	5:45pm - 7:00pm Swim Lessons		
7pm - 9pm Open Swim	7pm - 8pm Deep & Shallow Water Fitness	7pm - 9pm Open Swim	7pm - 8pm Deep & Shallow Water Fitness	6:30pm - 9:00pm Open Swim	
	8pm - 9pm Open Swim		8pm - 9pm Open Swim		